



**ITA Irish Cup 2019**  
**Irish National Championships**  
**University of Limerick Arena**  
**November 16<sup>th</sup> & 17<sup>th</sup> 2019**



Name: \_\_\_\_\_ Club: \_\_\_\_\_

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Male [ ] Female [ ]

**Saturday**

- [ ] Cadet (14-17yrs)
- [ ] Black Belt 15 and Under
- [ ] Black Belt 14 -17
- [ ] Senior (18+)
- [ ] Veteran (35+)

**Sunday**

- [ ] 10 and under
- [ ] Junior (11 - 13)

\*\*Black belts going for National team selection must enter 14-17 section\*\*

Entry Fee €30.00 per competitor      Paid    Yes / No

-----**Instructor must complete this section**-----

Height (junior only): \_\_\_\_\_ cm      Pattern [ ]      Sparring [ ]  
 Weight (11-13 blue/red, cadet and senior): \_\_\_\_\_ Kg      Power [ ]      Spec. Tech. [ ]  
 Grade: \_\_\_\_\_Kup or \_\_\_\_\_Dan

**LIABILITY WAIVER/CONTRACT:**

I the undersigned, do hereby waive any and all claims against any and all persons and groups associated with the ITA Irish Cup Irish National Championships, agree to hold harmless, all persons and groups including the event promoter and organisers, Irish Taekwon-do Association, UL Sports Arena, and its representatives, all persons and groups associated with the ITA Irish Cup Irish National Championships, for any injuries or damages sustained by me in connection with my participation at this event, whether accidental or intentional. **I understand and am fully aware that I am participating in a contact sport and may in the normal course of events sustain an injury while competing.** Therefore I assume full responsibility for all of my actions during and connected with this event. I agree that my attendance and or performance may be photographed, filmed or taped and used by the promoter and its agents, I waiver any compensation thereof. I agree to abide by IMAC Anti Doping Policy rules and agree to be tested by the Sport Ireland Anti-Doping Unit if requested to do so. This document will form the basis of my contract with the Organiser/Promoter and all its associates/servants/agents.

Your information (Name, DOB, Height/Weight, Grade and Club) will be entered onto your clubs team page on the Sportdata website and will be then made available to the ITA Tournament Committee after registering for the above event. The ITA Tournament Committee will only use information gathered in relation to the ITA Irish Cup Irish National Championships. This form will be stored for 1 year and will be destroyed after that period.

If you have any questions regarding the above please consult your instructor, who will be happy to advise you.

**Safety Equipment**

All competitors must have (open palm, enclosed fingers) hand pads, footpads, shin pads, gum shield and head guard. Males must also have a groin guard.

\*\* Gloves, head guard and footpads must be red or blue, No other colours will be allowed to be worn \*\*

All competitors must wear a red or blue headguard depending on which side of the draw they are on. ITA will provide these at the event, however, if competitors prefer to wear their own headguard they must have a red and a blue helmet as part of their sparring set. No other colours will be allowed to be worn.

Signature of parent/guardian (if under 18): \_\_\_\_\_

Competitor Signature: \_\_\_\_\_

Instructor Signature (I hereby verify all information is correct) \_\_\_\_\_

This copy must be given to the ITA Tournament Administrator on the day of the event. All competitors must be entered via Sportdata website by the club instructor by Saturday 9<sup>th</sup> November 2019.

**For full information please read the official invitation and info pack on [www.taekwondo.ie](http://www.taekwondo.ie)**

